

Erin Falati
Proffer Exhibit L
Depp v. Heard
CL-2019-0002911

FILED

MAY 23 2022

JOHN T. FREY
Clerk of the Circuit Court
of Fairfax County, VA

Custodian	Messages	Attachments	Start	End	Time Span
Amber Heard	27	0	12/19/2015 12:51:07 PM	12/19/2015 11:50:49 PM	0:10:59:42

Participant #0	Contact Info	Short Name	Messages	Attachments
Participant #0	arrowsarc@icloud.com A H	A H	17	0
Participant #1	+13238212795 Erin Boeurum	Erin Boeurum	10	0

12/19/2015 (Saturday)

FA24_00213363 Erin Boeurum Hey just checking on you....did you sleep? How are you doing today?
12:51:07PM

FA24_00213364 A H **I'm struggling. Thank you for checking in. 4:31:22PM**

FA24_00213365 Erin Boeurum Are you eating? You don't have to eat a ton, but he's force a few bites here and there. I wish I could make it better. 6:29:29PM

FA24_00213366 A H **I know 6:35:20PM**

FA24_00213367 A H **I am 6:35:22PM**

FA24_00213368 A H **I have so much anxiety because I simply just don't know what's going on 6:35:40PM**

FA24_00213369 Erin Boeurum I'm sure. I just realized that you are supposed to go to the Island tomorrow! What's happening with that or do you not know? 6:36:54PM

FA24_00213370 A H **exactly 6:37:44PM**

FA24_00213371 A H **that's the thing 6:37:46PM**

FA24_00213372 A H **I don't know what the deal is 6:37:52PM**

FA24_00213373 A H **If I knew, I could have a lot less anxiety 6:38:04PM**

FA24_00213374 Erin Boeurum Geez. That is hard. I'm really sorry. Have you and J spoken or at least talked about trying to talk? 6:39:47PM

FA24_00213375 A H **why doesn't xanax work for me? 6:39:52PM**

FA24_00213376 A H **no, haven't really had much communication with him 6:40:04PM**

FA24_00213377 A H **he's not even apologizing . just running away. 6:40:17PM**

FA24_00213378 A H **I can't believe I fell for such a coward. even worse, that I still love him 6:40:32PM**

FA24_00213379 Erin Boeurum Re the Xanax...could be your anxiety is at such a higher level you require a larger dose. Try taking one and a half to see if any difference.
6:41:23PM

FA24_00213380 Erin Boeurum Or... Try propranolol during the day. That won't make you sedated
6:41:46PM

FA24_00213381 Erin Boeurum Can you do me a favor and let me know what you try (propranolol or Xanax) and how much and if it worked? 7:00:12PM

Defendant's Exhibit
555
20828-2018-0002911

FA24_00213382 A H

I took one white xanax - didn't help so far 7:09:57PM

FA24_00213383 A H

just took one propanol 7:10:11PM

FA24_00213384 Erin Boeurum

Thanks. Let's give it about 30 to 40 minutes to see if that helps
7:11:02PM

FA24_00213385 Erin Boeurum

Did the propranolol help? 8:47:45PM

FA24_00213386 A H

The only thing that has made me feel better is the provigil, as soon as that kicks in I feel less panicked and depressed. It's frustrating because it's not like I can take that all day and night. Especially like now when I need to feel okay but kipper said I needed to take a higher dose of the Xanax for it to work, like you did. However that means I will need another rx or simply more Xanax. Can you call it into a local pharmacy for me?? 11:23:29PM

FA24_00213387 A H

I'm sorry because I know you're traveling 11:23:35PM

FA24_00213388 A H

Soon 11:23:38PM

FA24_00213389 Erin Boeurum

Yes. What have you had today for PRN? One Xanax pill earlier today followed by half propranolol around 4:15pm? 11:50:49PM